Guidance Content Areas and Skill Levels

AWARENESS:

With information and knowledge provided from the educational, career, and social environments, students form perceptions of their relationship to the environments.

SKILLS DEVELOPMENT:

From the information and knowledge acquired through the awareness phase, students develop the skills to identify the responsibilities and behaviors appropriate to functioning effectively in each of the environments.

APPLICATION:

With their developed skills, students demonstrate the ability to handle the demands of the three environments and achieve success toward reaching their goal.

Self-confidence Development
- Have accurate self-concepts
- Value their uniqueness
- Manage their feelings

Motivation to Achieve
- Develop their own academic potential
- Take advantage of educational opportunities
- Identify career opportunities that will allow them to fulfill their potential

Decision-making, Goal-setting, Planning, Problem-solving Skills
- Make decisions
- Make plans
- Set goals
- Gather information
- Solve problems
- Manage change

Interpersonal Effectiveness
- Respect others
- Relate well with others
- Participate effectively in groups
- Develop healthy friendships

Communication Skills
- Understand basic communication skills
- Express themselves
- Listen to others

Cross-cultural Effectiveness
- Appreciate their own culture
- Respect others as individuals and accept them for their cultural membership
- Relate effectively with others based on appreciation for differences

Responsible Behavior
- Behave responsibly
- Take responsibility for own behaviors
- Be self-disciplined